

- Keep the wound dry for 2-3 days after the procedure.
- The stitches used:
  - are dissolvable – therefore no action needed.
  - are not dissolvable – stitch no..... need removing in..... days.
- Use Steristrips/butterfly stitches across the wound to support it for 2-4 weeks according to the doctor's instructions.
- Try to limit movement around the wound especially if on your back, legs or arms for at least 1-2 weeks post procedure as any excessive movement may cause the wound to open.
- If there is any bleeding, apply firm pressure to the area with some clean tissues for about 20 minutes until bleeding has settled.
- Increasing pain or tenderness around the wound after 3-7days could be sign of infection. Contact your doctor if this happens.
- After 3-4 weeks, firmly massage the wound area with bio-oil, kelocote silicon gel or moisturisers to help reduce the scar.
- If your removed lesion was sent for testing (histology) we will send you a secure email 1-2 weeks later with the results.
- The wound will initially be red and slightly raised for about 2-3months, which is normal. This will flatten and fade to a white line over 6-12months.

**If you have any problems, signs of infection, worsening pain or need further aftercare advice. CALL 0207 386 0464.**