

For all Tixel treatments a course of 3 is recommended for the best results.

NON-Ablative “Open Channel” TIXEL Aftercare

- Skin Antioxidant Serums supplied by the clinic can be applied immediately, and every 1-2 hours for the first 4 hours.
- Do not apply moisturiser we supply until all heat has gone from the treated areas normally after 4 hours.
- You will be given either Avene Ciclafate cream to use 3-4x a day, or more as required, until the skin no longer feels dry.
- After 24 hours you can resume your normal skincare regimen or recommended by therapist or doctor.
- You can apply mineral make-up and SPF after 4 hours as needed.
- Do not pick, scratch or rub off micro-crusts, let them come away naturally over the next 7 days.
- Any signs of infection or cold sores should be reported to the clinic immediately.

Sub Ablative / Ablative TIXEL Aftercare

- Leave skin alone for first 2-4 hours and allow heat from skin to settle. A cold flannel is fine if want to cool the area or a cold compress.
- After 2-4 hours apply Dermol or Auriderm cream 3-4 times a day for the first 24 hours.
- After 24 hours daily regime would consist of using normal gentle soap water as face wash. Apply Dermol or Auriderm 2-3 times daily. You can then apply SPF if required and make up 10 mins later.
- As a sunscreen Heliocare is what we recommend or another SPF50.
- Don't use other creams for the first 5-7 days unless recommended by doctor.
- Don't pick any scabbing or dry areas and keep well moisturised.
- Don't expose the skin to strong sunlight unless wearing SPF.
- Let us know if any signs of infection such as increasing pain, swelling, redness or colds sores ie small blisters call us on 0207 386 0464.